

## COVID-19

### Referral Criteria for Patients Evaluated Virtually for COVID-19

*Please refer to StarPort COVID Page (or <https://medstarhealth.org/covid19resources> off network) for the complete and most current guidance as this information is rapidly changing and updated.*

**Recommendation:** Patients evaluated via phone or video who meet criteria for COVID-19 testing should be evaluated and referred to the appropriate testing location based on the following criteria:

- **Testing tent** referral indicated for COVID-19 testing if patient:
  - Has been evaluated by video visit or by MMG PCP and is well-appearing
  - Meets Green or Yellow Zone for COVID Testing
  - Does not require any further testing other than COVID (i.e. does not require CXR, EKG, flu Test, lab work)
  - Does not require a physical exam or full vital signs (note only resting pulse ox and HR are taken at the tent)
- **Urgent Care** referral indicated for urgent in-person evaluation prior to tent testing if patient:
  - Meets Green or Yellow Zone for COVID testing
  - Would benefit from full vital signs, physical exam
  - May require additional testing (i.e. CXR, EKG, flu test, lab work)
  - May require additional treatment (inhaler, prescriptions, etc.)
- **Emergency Department** referral indicated for emergent in-person evaluation prior to testing if patient has:
  - Signs of respiratory distress (increased work of breathing, inability to speak in full sentences, frequent use of rescue inhaler to treat symptoms)
  - Heart rate >120 (palpated by patient or using a home device)
  - Other signs or symptoms of clinical instability for which delay in evaluation would cause poor outcome (per clinical judgment)