

Provider Assessment for COVID-19 Testing

All Symptomatic Patients: Should all be tested for COVID-19. Symptoms include any of the following:

Fever, Chills, Cough, Shortness of breath, Difficulty breathing, Fatigue, Muscle or Body aches, Headache, Sudden loss of taste/smell, Sore throat, Congestion, Runny nose, Nausea, Vomiting, Diarrhea.

**Asymptomatic Testing Guidance Included Below*

Should Test

- All patients in Maryland requesting a test should be tested or receive an order for testing elsewhere.
- Symptomatic patients (see symptom list above)
- Any healthcare worker who believes it necessary, regardless of symptoms
 - Symptomatic MedStar associates be referred for follow up at MedStar Occupational Health (844) 354-3705, and it is preferred that they receive testing at Occupational Health.
- All admissions to OB and Pediatrics
- ED patient being admitted to Psychiatric unit
- Hospitalized patients being admitted to entity hospice unit
- Hospitalized patients needing dialysis
- Immunocompromised patients being admitted to hospital
- Hospitalized patients being prepared for discharge to a skilled nursing facility or dialysis center where tests are required
- Pre-operative patients for evaluation and surgical planning
- All admissions to cohorted non-COVID ICUs and IMCs
- Recovered COVID positive patients' (essential employees) requiring negative COVID-19 test for return to work
- Recovered COVID patients admitted within 10 days of last test (May be asymptomatic but consider PUI)
- Additional ambulatory (Urgent Care, primary care, and specialty office) patient categories may be considered on a case-by-case basis per provider judgment.

Can Test

Asymptomatic individuals where COVID-19 exposure may be possible, including:

- Contacts of confirmed COVID-19 cases (e.g., contact tracing)
- Residents and staff of group living facility (shelter, nursing home, corrections facility, or other institution)
- Public safety workers (EMS, fire, police)
- Individuals employed in close contact settings (e.g., retail, public transport, school, childcare, food service or processing, personal services, manufacturing, or for children attending school, child care)
- Individuals previously in a large gathering.

#Self-quarantine can be advised as an equivalent measure if testing supplies are limited.