



MedStar Health

Gloved Hands **May Spread Germs**

Gloves can contribute to the spread of germs.



- When gloves are not used properly they can collect germs and make clean surfaces dirty.
- Gloves should **never** be worn from one public space to another (e.g.: in and out of bathrooms, from your car to the hospital, etc.)



- **Always avoid** touching your eyes, mouth, and nose when wearing gloves.
- You can't get **COVID-19** through skin. The virus needs to enter through your eyes, mouth, or nose.

Gloves are **not a substitute for hand hygiene.**

Practice good hand hygiene. Always use hand sanitizer or wash your hands before and after you put on gloves.